

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Introduction to Addictions

CODE NO.: HDG 110 - 3

PROGRAM: General Arts and Science

SEMESTER: Fall

DATE: September 1993 Previous Date: September 1992

INSTRUCTOR: Ed Finn

New: Revised: X

Approved: *<ft .jCXff\{t A&M.^*\_\_\_\_  
Kitty DeRosario, Dean  
Human Sciences and Teacher Ed

Date ' TM ' /

Course. **Introduction to Addictions - HDG 110-3**

Instructor: Ed Finn

Credits: 3

Length: 45 hours

**PHILOSOPHY/GOALS:**

In this course the student will be introduced to the study of addictions. The class will explore general information about substances, their effects and the development of dependency. The impact of addiction on individuals, families and society will be examined. Treatment approaches and availability of resources will be discussed.

**STUDENT PERFORMANCE**

**OBJECTIVES:**

Upon successful completion of this course, the student will be able to:

1. Discuss the nature of dependency including
  - a) identification of types and effects of substances
  - b) theories of addiction
2. Identify the impact of addiction on individuals, their families and society.
3. Discuss current social issues involving substance abuse.
4. Identify treatment approaches and local resources addressing addiction problems.

**TOPICS TO BE COVERED: A**

1. Drugs, their types and effects.
2. Theories of addiction
3. Impact of addiction on the addicted and Development of dependency: stages and characteristics
4. Impact of addiction on: children, parents, spouses, adult children, society
5. Co-dependency
6. The adult child
7. Social Issues such as:
  - Legalizing drugs
  - Drug testing
  - Crack babies
  - Crime and violence
8. Identification and Intervention
9. Treatment
10. Resources

**Introduction to Addictions****HDG 110-3****LEARNING ACTIVITIES**

1. Examining types and effects of drugs and Theories of addiction
2. Impact of addiction:
  - individual
  - families
  - society
3. Social Issues
4. Identification, Intervention, Treatment and Resource

**REQUIRED RESOURCES**

- films, tapes, lectures, guest speakers, overheads, articles and discussions
- films, overheads, lectures, guest speakers, articles, discussion and tapes
- lectures, articles, discussions and use of other resource material
- field trips, guest speakers, articles, overheads and lectures

**COLLEGE GRADING POLICY:**

Presentation	20%
Project	20%
Test #1	20%
Test #2	15%
Test #3	15%
Participation	10%
Total	100%

**EVALUATION**

1. Seminar Presentation is a requirement on any topic related to the area of addictions, It will require research and then presentation of information.
2. Book Report is an option of the course on a book related to addictions. The length of the book report should be 1,200 or 1,500 words. It should include a discussion of the book but also the reader's feelings and thoughts about the issue and the book.
3. Three tests will be given in this course. The first will discuss information on substances and family issues. The second will involve social issues and treatment. The third will be one on one during the course.
4. Class participation is a requirement of the course. Students are expected to participate in class discussions, activities and complete assignments on time.

**REQUIRED STUDENT RESOURCES:**

**TEXT:** White, Jason (1991), Drug Dependence. Prentice-Hall

For Book Report a book related to addictions. Some suggested books to select from are in the regular system of the Library and some will be placed on reserve by the instructor.

It will never happen to me! Claudia Black

Tomorrow I'll Quit. Vernon Johnson

The Cracker Factory, Joyce Rebeta-Burditt

I'm Dancing as Fast as I Can, Barbara Gordon

Go Ask Alice, Anonymous

Women Who Love Too Much, Robin Norwood

My Name is Davy, I'm An Alcoholic. Ann Snyder

Dancing On My Grave, Gelsey Kirkland & Greg Lawrence

The Addictive Personality, Craig Nakken

Codependency, Health Communication, Inc.

Relax, Recover, Patricia Wuertzer and Lucinda May

Beyond the Booze Battle, Ruth Maxwell

Not My Kid, Beth Poison and Miller Newton

Films are available at the Addiction Research Foundation or local video shops.

**ADDITIONAL RESOURCES MATERIALS AVAILABLE:**

These will be supplied by instructor.

**SPECIAL NOTES**

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

- WEEK I - Introduction to Addictions  
How To - Seminars and Book Reports  
Substance Abuse - Terms and Language  
Alcoholism
- WEEK II - Alcoholism (continued)
- WEEK III - Tobacco and Caffeine
- WEEK IV - Cocaine and Crack
- WEEK V - Inhalants, Sedative-Hypnotics and PCP
- WEEK VI - Marijuana and Theories of Addiction
- WEEK VII - TEST (Drugs and their effects and theories of addiction)  
Impact of addiction on the addicted
- WEEK VIII - Development of Dependency - stages and characteristics
- WEEK IX - Impact of addiction on children, parents, spouses, and society
- WEEK X - Codependency Issues  
Adult Children Issues  
Recovery  
TEST (Impact of addiction on - the addicted children, parents, spouses,  
society and adult children)  
(also - development of dependency, codependency, etc.)
- WEEK XI - Social Issues
- WEEK XII - Identification and Intervention
- WEEK XIII - Treatment and Ethics Issues
- WEEK IV - Community and Other Resources
- WEEK V - Review  
TEST (Social Issues, Identification, Intervention, Treatment, Ethics, and  
Resources)